



A Product of  INDEPENDENT  
Living Systems



**EAT WELL.**  
**LIVE BETTER.**

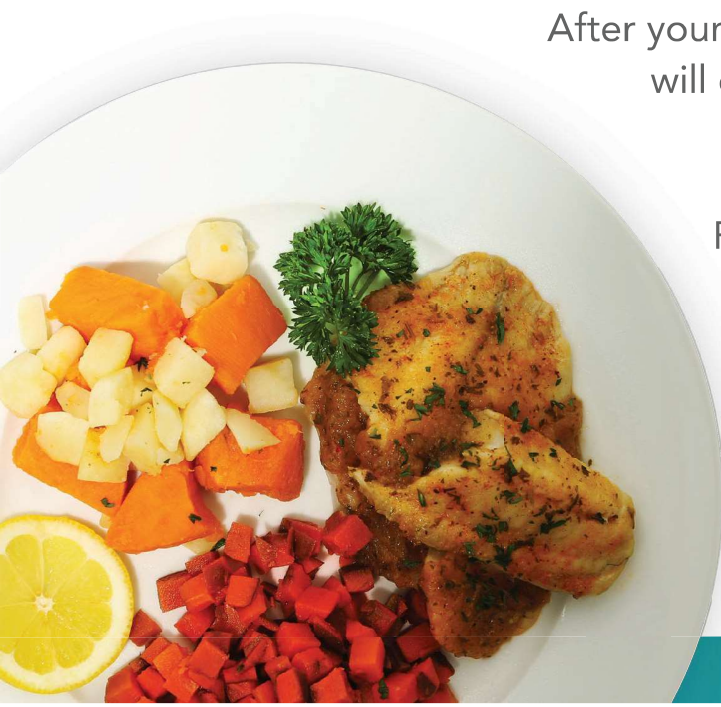
## MEDICALLY TAILORED HOME DELIVERED MEALS

At Independent Living Systems, **we believe eating well leads to better living**, and we're here to help you get there.

We provide nutritional support to members after a hospital stay to improve and maintain their health status.

After your discharge, a representative from ILS Meals will contact you to schedule your meal delivery.

For more information, call **1-888-201-5716**.



Independent Living Systems (ILS) is a separate company that provides nutritional support services for Highmark Wholecare.